



Website Ingredient list: All items are GLUTEN FREE & VEGAN

Baking Mixes

Chocolate Cake Mix Millet flour, rice flour, cocoa powder, chocolate chips (cane sugar, chocolate liquor, cocoa butter, non-GMO soy lecithin, vanilla) almond meal, tapioca flour, flax meal, baking soda, baking powder, sea salt.

Coconut Cake Mix Coconut, millet flour, rice flour, tapioca flour, flax meal, baking soda, baking powder, xanthan gum, salt.

Salted Double Chocolate Chunk Cookie Mix Millet flour, rice flour, almond meal, tapioca flour, flax meal, baking powder, baking soda, salt, organic chocolate chips (cane sugar, chocolate liquor, cocoa butter, non-gmo soy lecithin, vanilla), white chocolate chips (sugar, vegetable oil (palm), cocoa butter, soy lecithin, vanillin, salt, vegan flavors)

Snickerdoodle Cookie Mix Organic sugar, millet flour, rice flour, almond meal, tapioca flour, flax meal, baking soda, xanthan gum, sea salt, baking powder, cinnamon, nutmeg.

Sugar Cookie Mix Millet flour, rice flour, tapioca flour, sunflower meal, coconut flour, cornstarch, flax meal, baking powder, xanthan gum, sea salt.*includes recipe for royal icing, and powdered sugar needed to make it

Babycakes

Banana Carrot Zucchini Babycakes (cane sugar free) Millet flour, rice flour, bananas, coconut, zucchini, carrot, pineapple, tapioca flour, flax meal, maple syrup, brown rice syrup, canola oil, egg replacer powder (potato starch, tapioca starch, leavening), vanilla extract, baking soda, baking powder, cinnamon, salt

Coconut Babycakes Millet flour, rice flour, tapioca flour, flax seed, unsweetened coconut, applesauce, canola oil, organic coconut milk (filtered water, organic coconut cream, organic cane sugar, contains 2% or less of: calcium phosphate, magnesium phosphate, L-selenomethionine (selenium), vitamin A acetate, vitamin D2, zinc oxide, vitamin B12, sea salt, organic sunflower lecithin, organic locust bean gum, gellan gum), organic cane sugar, water, egg replacer (potato starch, tapioca flour, leavening (calcium lactate, calcium carbonate, cream of tartar), cellulose gum, modified cellulose), pure vanilla extract, coconut extract, baking soda, aluminum free baking powder, xanthan gum, sea salt

Double Chocolate Babycakes Millet flour, rice flour, tapioca flour, flax meal, organic cocoa powder, applesauce, organic cane sugar, organic brown cane sugar, pumpkin puree, canola oil, egg replacer (potato starch, tapioca flour, leavening (calcium lactate, calcium carbonate, cream of tartar), cellulose gum, modified cellulose), espresso powder, pure vanilla extract, aluminum free baking powder, baking soda, xanthan gum, sea salt

Lemon Blackberry Babycakes Millet flour, rice flour, almond meal, blackberries, silken tofu (water, soybeans, isolated soy protein, gluconolactone, calcium chloride), organic cane sugar, canola oil, coconut yogurt (organic coconut milk (filtered water, organic coconut cream), organic cane sugar, rice starch, contains 2% or less of: natural flavor, pectin, calcium phosphate, dipotassium phosphate, locust bean gum, citric acid, live cultures, vitamin D2, vitamin B12), brown rice flour, cornstarch (non-GMO), flax meal, poppy seeds, Earth Balance (natural oil blend (palm fruit, canola and olive), filtered water, pure salt, contains less than 2% of natural flavor (no MSG, no alcohol, no gluten), sunflower lecithin, lactic acid (non-dairy, derived from sugar beets), annatto extract), aluminum free baking powder, baking soda, lemon zest, vanilla extract, xanthan gum, nutmeg, sea salt, lemon extract, Spectrum palm shortening, organic powdered cane sugar (organic cane sugar, organic corn starch).

Pumpkin Chocolate Chip Babycakes Rice flour, millet flour, pumpkin, sunflower seed meal, canola oil*, cane sugar, rice milk* (water, brown rice, expeller pressed canola oil, tricalcium phosphate, natural flavor, sea salt, guar gum, xanthan gum, carob bean gum, carrageenan, Vitamin A Palmitate, Vitamin D2), chocolate chips (cane sugar, unsweetened chocolate, cocoa butter, natural vanilla extract, soy lecithin), coconut yogurt* (organic coconut milk (filtered water, organic coconut cream), organic cane sugar, rice starch, contains 2% or less of: natural flavor, pectin, calcium phosphate, dipotassium phosphate, locust bean gum, citric acid, live cultures, vitamin D2, vitamin B12), tapioca flour, flax meal, cornstarch*, vanilla extract, aluminum free baking powder, baking soda, cinnamon, ginger, nutmeg, lemon zest, xanthan gum, sea salt

Bars

Millionaire Bar Millet flour, rice flour, organic coconut flour, flax seed, unsweetened coconut, organic brown rice syrup, raw local cashew butter (cashews, sunflower seed, flax seed, canola oil, agave syrup), raw local sunflower seed butter (sunflower seed, flax seed meal, canola oil, agave syrup), hazelnuts, pecans, walnuts, cashews, unsweetened dried cranberries, organic brown rice crispies, tapioca flour, light blue agave syrup, coconut oil, blueberry jam (blueberries, white grape juice concentrate, fruit pectin), canola oil, cinnamon, vanilla extract, baking soda, sea salt



Bars Continued

Peanut Butter Boost Bar Gluten free oats, organic raw vegan vanilla protein powder (Organic Sprouted Whole Grain Brown Rice Protein, Organic Lucuma Powder, Organic Vanilla Powder, Organic Coconut Palm Sugar (not raw)), natural peanut butter, organic brown rice crispies, organic maple syrup, rice milk (water, brown rice, expeller pressed canola oil, tricalcium phosphate, natural flavor, sea salt, guar gum, xanthan gum, carob bean gum, carrageenan, Vitamin A Palmitate, Vitamin D2), organic chocolate chips (Organic Cane Sugar, Organic Chocolate Liquor, Organic Cocoa Butter, Soy Lecithin (non-GMO), Organic Vanilla Extract), pure vanilla extract, sea salt

Salted Caramel Cookie Bar Millet flour, rice flour, almond meal, tapioca flour, flax meal, organic brown cane sugar, organic cane sugar, canola oil, organic chocolate chips (Organic Cane Sugar, Organic Chocolate Liquor, Organic Cocoa Butter, Soy Lecithin (non-GMO), Organic Vanilla Extract), almond milk (filtered water, almonds, cane sugar, calcium carbonate, sea salt, potassium citrate, sunflower lecithin, gellan gum, vitamin A palmitate, vitamin D2, D-alpha-tocopherol (natural vitamin E)), banana, coconut cream, arrowroot, organic brown rice syrup, egg replacer (potato starch, tapioca flour, leavening (calcium lactate, calcium carbonate, cream of tartar), cellulose gum, modified cellulose), pure vanilla extract, sea salt, baking soda

Breakfast Pastries

Cherry Almond Coffee Cake Millet flour, rice flour, almond meal, tapioca flour, silken tofu* (water, soybeans, isolated soy protein, gluconolactone, calcium chloride), cane sugar, canola oil*, coconut yogurt* (organic coconut milk (filtered water, organic coconut cream), organic cane sugar, rice starch, contains 2% or less of: natural flavor, pectin, calcium phosphate, dipotassium phosphate, locust bean gum, citric acid, live cultures, vitamin D2, vitamin B12), cherries, almonds, brown rice flour, cornstarch*, flax meal, Earth Balance* (natural oil blend (palm fruit, canola and olive), filtered water, pure salt, contains less than 2% of natural flavor (no MSG, no alcohol, no gluten), sunflower lecithin, lactic acid (non-dairy, derived from sugar beets), annatto extract), brown cane sugar, nutmeg, aluminum free baking powder, baking soda, vanilla extract, lemon juice, xanthan gum, sea salt, almond extract

Cinnamon Swirl Coffee Cake Rice flour, millet flour, pumpkin, sunflower seed meal, canola oil, organic cane sugar, rice milk (water, brown rice, expeller pressed canola oil, tricalcium phosphate, natural flavor, sea salt, guar gum, xanthan gum, carob bean gum, carrageenan, Vitamin A Palmitate, Vitamin D2), coconut yogurt (organic coconut milk (filtered water, organic coconut cream), organic cane sugar, rice starch, contains 2% or less of: natural flavor, pectin, calcium phosphate, dipotassium phosphate, locust bean gum, citric acid, live cultures, vitamin D2, vitamin B12), tapioca flour, flax meal, organic cornstarch, brown rice flour, organic brown cane sugar, vanilla extract, aluminum free baking powder, baking soda, cinnamon, lemon zest, cocoa powder, Earth Balance (natural oil blend (palm fruit, canola and olive), filtered water, pure salt, contains less than 2% of natural flavor (no MSG, no alcohol, no gluten), sunflower lecithin, lactic acid (non-dairy, derived from sugar beets), annatto extract), xanthan gum, sea salt

Coconut Lemon Blueberry Pound Cake Millet flour, rice flour, tapioca flour, flax meal, unsweetened coconut, blueberries, applesauce, canola oil, organic coconut milk (filtered water, organic coconut cream, organic cane sugar, contains 2% or less of: calcium phosphate, magnesium phosphate, L-selenomethionine (selenium), vitamin A acetate, vitamin D2, zinc oxide, vitamin B12, sea salt, organic sunflower lecithin, organic locust bean gum, gellan gum), organic cane sugar, egg replacer (potato starch, tapioca flour, leavening (calcium lactate, calcium carbonate, cream of tartar), cellulose gum, modified cellulose), lemon juice, lemon zest, pure vanilla extract, coconut extract, aluminum free baking powder, baking soda, xanthan gum, sea salt

Hummingbird Muffin

Millet flour, rice flour, bananas, coconut, organic zucchini, organic carrot, pineapple, tapioca flour, flax meal, organic maple syrup, organic brown rice syrup, canola oil*, egg replacer (potato starch, tapioca flour, leavening (calcium lactate, calcium carbonate, cream of tartar), cellulose gum, modified cellulose), pure vanilla extract, aluminum free baking powder, baking soda, cinnamon, xanthan gum, sea salt

Lemon Blueberry Poppy Seed Muffin Millet flour, rice flour, almond meal, tapioca flour, blueberries, silken tofu (water, soybeans, isolated soy protein, gluconolactone, calcium chloride), organic cane sugar, canola oil, coconut yogurt (organic coconut milk (filtered water, organic coconut cream), organic cane sugar, rice starch, contains 2% or less of: natural flavor, pectin, calcium phosphate, dipotassium phosphate, locust bean gum, citric acid, live cultures, vitamin D2, vitamin B12), brown rice flour, cornstarch (non-GMO), flax meal, poppy seeds, Earth Balance (natural oil blend (palm fruit, canola and olive), filtered water, pure salt, contains less than 2% of natural flavor (no MSG, no alcohol, no gluten), sunflower lecithin, lactic acid (non-dairy, derived from sugar beets), annatto extract), aluminum free baking powder, baking soda, lemon zest, vanilla extract, xanthan gum, nutmeg, sea salt, lemon extract.



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Breakfast Pastries Continued

Orange Olive Oil Bundt Cake Millet flour, rice flour, almond meal, tapioca flour, flax seed, extra virgin olive oil, organic cane sugar, water, egg replacer (potato starch, tapioca flour, leavening (calcium lactate, calcium carbonate, cream of tartar), organic orange zest, aluminum free baking powder, sea salt organic powdered sugar (organic cane sugar, organic corn starch)

Pecan Sticky Buns Millet flour, rice flour, almond meal, tapioca flour, flax meal, almond milk (filtered water, almonds, cane sugar, calcium carbonate, sea salt, potassium citrate, sunflower lecithin, gellan gum, vitamin A palmitate, vitamin D2, D-alpha-tocopherol (natural vitamin E)), non-gmo canola oil, applesauce, corn syrup, egg replacer (potato starch, tapioca flour, leavening (calcium lactate, calcium carbonate, cream of tartar), water, active dry yeast, vanilla extract, cinnamon, sugar, organic brown sugar, pecans, xanthan gum, salt

Cookies

Chocolate Chipper Sandwich Cookies Millet flour, rice flour, almond meal, tapioca flour, flax meal, organic cane sugar, almond milk (filtered water, almonds, cane sugar, calcium carbonate, sea salt, potassium citrate, sunflower lecithin, gellan gum, vitamin A palmitate, vitamin D2, D-alpha-tocopherol (natural vitamin E)), non-gmo canola oil, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin, vanilla), cashew butter, sunflower seed butter, organic powdered cane sugar (organic cane sugar, organic corn starch), Earth Balance (natural oil blend (palm fruit, canola and olive), filtered water, pure salt, contains less than 2% of natural flavor (no MSG, no alcohol, no gluten), sunflower lecithin, lactic acid (nondairy, derived from sugar beets), annatto extract), rice milk (water, brown rice, expeller pressed canola oil, tricalcium phosphate, natural flavor, sea salt, guar gum, xanthan gum, carob bean gum, carrageenan, Vitamin A Palmitate, Vitamin D2), baking soda, baking powder, vanilla extract, sea salt.

Cowgirl Cookie Millet flour, rice flour, almond meal, tapioca flour, flax seed, GF oats, natural peanut butter, canola oil, organic brown cane sugar, organic cane sugar, almond milk (filtered water, almonds, cane sugar, calcium carbonate, sea salt, potassium citrate, sunflower lecithin, gellan gum, vitamin A palmitate, vitamin D2, D-alpha-tocopherol (natural vitamin E)), organic chocolate chips (Organic Cane Sugar, Organic Chocolate Liquor, Organic Cocoa Butter, Soy Lecithin (non-GMO), Organic Vanilla Extract), coconut, pecans, peanuts, vanilla extract, cinnamon, aluminum free baking powder, sea salt

Iced Sugar Cookie Millet flour, rice flour, cane sugar, tapioca flour, Earth Balance* (natural oil blend (palm fruit, canola and olive), filtered water, pure salt, contains less than 2% of natural flavor (no MSG, no alcohol, no gluten), sunflower lecithin, lactic acid (non-dairy, derived from sugar beets), annatto extract), organic palm shortening, sunflower seed meal, rice milk* (water, brown rice, expeller pressed canola oil, tricalcium phosphate, natural flavor, sea salt, guar gum, xanthan gum, carob bean gum, carrageenan, Vitamin A Palmitate, Vitamin D2), coconut flour, corn starch*, pure vanilla extract, aluminum free baking powder, xanthan gum, sea salt, powdered cane sugar, beet juice, natural rainbow sprinkles (Sugar, Corn Starch, Maltodextrin, Spirulina Extract, Colours (E160c-Paprika, E100-Turmeric, E163-Anthocyanins), Glazing agent (Carnauba Wax))

Salted Double Chocolate Chunk Cookie Millet flour, rice flour, almond meal, tapioca flour, flax meal, organic cane sugar, almond milk (filtered water, almonds, cane sugar, calcium carbonate, sea salt, potassium citrate, sunflower lecithin, gellan gum, vitamin A palmitate, vitamin D2, D-alpha-tocopherol (natural vitamin E)), canola oil, organic chocolate chips (Organic Cane Sugar, Organic Chocolate Liquor, Organic Cocoa Butter, Soy Lecithin (non-GMO), Organic Vanilla Extract), white chocolate chips (sugar, vegetable oil (palm), cocoa butter, soy lecithin, vanillin, salt, vegan flavors), local raw cashew butter (cashews, flax seed, canola oil, agave syrup), baking soda, aluminum free baking powder, vanilla extract, pure Oregon coast sea salt

Snickerdoodle Cookie Millet flour, rice flour, organic cane sugar, almond meal, canola oil, applesauce, tapioca flour, flax meal, pure vanilla extract, cinnamon, baking soda, aluminum free baking powder, xanthan gum, sea salt, nutmeg

Whoa-Reo Sandwich Cookie Millet flour, rice flour, almond meal, tapioca flour, flax meal, organic cocoa powder, organic cane sugar, non-gmo canola oil, pure maple syrup, organic chocolate chips (cane sugar, chocolate liquor, cocoa butter, non-gmo soy lecithin, vanilla), Earth Balance (natural oil blend (palm fruit, canola and olive), filtered water, pure salt, contains less than 2% of natural flavor (no MSG, no alcohol, no gluten), sunflower lecithin, lactic acid (non-dairy, derived from sugar beets), annatto extract), (organic powdered cane sugar (organic cane sugar, organic corn starch), rice milk (water, brown rice, expeller pressed canola oil, tricalcium phosphate, natural flavor, sea salt, guar gum, xanthan gum, carob bean gum, carrageenan, Vitamin A Palmitate, Vitamin D2), espresso powder, vanilla extract, baking soda, salt



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Frostings

Salted Peanut Butter Buttercream Natural peanut butter, Earth Balance (natural oil blend (palm fruit, canola and olive), filtered water, pure salt, contains less than 2% of natural flavor (no MSG, no alcohol, no gluten), sunflower lecithin, lactic acid (non-dairy, derived from sugar beets), annatto extract), Spectrum palm shortening, organic powdered cane sugar (organic cane sugar, organic corn starch), vanilla extract, salt

Chocolate Buttercream Spectrum palm shortening, Earth Balance (natural oil blend (palm fruit, canola and olive), filtered water, pure salt, contains less than 2% of natural flavor (no MSG, no alcohol, no gluten), sunflower lecithin, lactic acid (non-dairy, derived from sugar beets), annatto extract), natural cocoa powder, organic powdered cane sugar (organic cane sugar, organic corn starch), vanilla extract, rice milk (water, brown rice, expeller pressed canola oil, tricalcium phosphate, natural flavor, sea salt, guar gum, xanthan gum, carob bean gum, carrageenan, Vitamin A Palmitate, Vitamin D2).

Cream Cheese Frosting Tofutti Cream Cheese (water, expeller pressed natural oil blend (soybean, palm, fruit & olive), maltodextrin, soy protein, tofu, non-dairy lactic acid, sugar, blend of natural gums, veg mono & diglycerides, salt), Earth Balance (natural oil blend (palm fruit, canola and olive), filtered water, pure salt, contains less than 2% of natural flavor (no MSG, no alcohol, no gluten), sunflower lecithin, lactic acid (non-dairy, derived from sugar beets), annatto extract), organic powdered cane sugar (organic cane sugar, organic corn starch), vanilla extract, lemon zest, lemon juice

Passionfruit Buttercream Spectrum palm shortening, Earth Balance (natural oil blend (palm fruit, canola and olive), filtered water, pure salt, contains less than 2% of natural flavor (no MSG, no alcohol, no gluten), sunflower lecithin, lactic acid (non-dairy, derived from sugar beets), annatto extract), organic powdered cane sugar (organic cane sugar, organic corn starch), passionfruit puree, vanilla extract

Vanilla Buttercream Spectrum palm shortening, Earth Balance (natural oil blend (palm fruit, canola and olive), filtered water, pure salt, contains less than 2% of natural flavor (no MSG, no alcohol, no gluten), sunflower lecithin, lactic acid (non-dairy, derived from sugar beets), annatto extract), organic powdered cane sugar (organic cane sugar, organic corn starch), vanilla extract, rice milk (water, brown rice, expeller pressed canola oil, tricalcium phosphate, natural flavor, sea salt, guar gum, xanthan gum, carob bean gum, carrageenan, Vitamin A Palmitate, Vitamin D2).

Pies

Bumble Berry Peach Pie Millet flour, rice flour, brown rice flour, tapioca flour, flax meal, Earth Balance (natural oil blend (palm fruit, canola and olive), filtered water, pure salt, contains less than 2% of natural flavor (no MSG, no alcohol, no gluten), sunflower lecithin, lactic acid (non-dairy, derived from sugar beets), annatto extract), Spectrum palm shortening, water, raspberries, blueberries, blackberries, peaches, organic cane sugar, lemon juice, cornstarch, nutmeg, hazelnuts, coconut, cinnamon, xanthan gum, sea salt.

Double Crust Apple Pie

Millet flour, rice flour, brown rice flour, tapioca flour, flax meal, Earth Balance (natural oil blend (palm fruit, canola and olive), filtered water, pure salt, contains less than 2% of natural flavor (no MSG, no alcohol, no gluten), sunflower lecithin, lactic acid (non-dairy, derived from sugar beets), annatto extract), Spectrum palm shortening, water, apples, organic brown cane sugar, lemon juice, cornstarch, nutmeg, cinnamon, vanilla ext, xanthan gum, sea salt.

Sour Cherry Pie Millet flour, rice flour, brown rice flour, tapioca flour, flax meal, Earth Balance (natural oil blend (palm fruit, canola and olive), filtered water, pure salt, contains less than 2% of natural flavor (no MSG, no alcohol, no gluten), sunflower lecithin, lactic acid (non-dairy, derived from sugar beets), annatto extract), Spectrum palm shortening, water, sour cherries, organic cane sugar, lemon juice, cornstarch, xanthan gum, sea salt.

Sour Cherry Peach Pie w/ Oatmeal Crumb Topping Peaches, sour cherries, millet flour, rice flour, brown rice flour, tapioca flour, flax meal, Earth Balance (natural oil blend (palm fruit, canola and olive), filtered water, pure salt, contains less than 2% of natural flavor (no MSG, no alcohol, no gluten), sunflower lecithin, lactic acid (non-dairy, derived from sugar beets), annatto extract), Spectrum palm shortening, water, organic cane sugar, brown sugar, GF oats, lemon juice, cornstarch, cinnamon, nutmeg, xanthan gum, sea salt